

**2010 SLGC Open “Meet Me in St. Louis” Schedule
Saturday, January 9, 2010**

GYM - 1

Session 1 - Girls

Open Stretch Time: 8:00a.m.
Level: 7 Sanctioned

Gyms: All American, Barron, Flip Side, GT Performance, High Energy, MEGA, NGA, Oly Ellisville, Oly North, Oly West, SIGA, Springfield, Stacey’s, Tri Star, XT Gym

GYM - 2

Session 1 - Boys

Open Stretch Time: 8:00a.m.
Level: 5 Sanctioned

Gyms: All Gyms

GYM - 3

Session 1 - Girls

Open Stretch Time: 8:00a.m.
Level: 3 & 4 Sanctioned

Gyms: All American, Champaign, Dynamics, Flip Side, Gym Quarters, MEGA, NGA, Oly Mid-Rivers, Rebound, Spectrum, Stacey’s

Session 2 - Girls

Open Stretch Time: 12:00p.m.
Level: 8 Sanctioned

Gyms: All American, Champaign, Champions, DeVeaun’s, Edge, GT Performance, Oly Ellisville, SLGC, Springfield, Tri Star, World Class

Session 2 - Boys

Open Stretch Time: 12:00p.m.
Level: 6 Sanctioned

Gyms: All Gyms

Session 2 - Girls

Open Stretch Time: 12:00p.m.
Level: 4 Sanctioned

Gyms: Oly Chesterfield, Oly North, Oly West, SIGA, SLGC, Spirits, Team Central, XT Gym

Session 3 - Boys

Open Stretch Time: 4:00p.m.
Level: All Levels
Unsanctioned

Gyms: All Gyms

Session 3 - Girls

Open Stretch Time: 4:30p.m.
Level: 9 & 10 Sanctioned

Gyms: All American, Champions, Dynamics, Edge, GT Performance, Gym Quarters, NGA, Oly Ellisville, SIGA, SLGC, Tri Star, World Class, XT Gym

Session 3 - Girls

Open Stretch Time: 4:30p.m.
Level: 5 Sanctioned

Gyms: All Gyms Level 5’s
Ages: 11. 12. 14 & up
Age as of 1/9/10

Session 4 - Boys

Open Stretch Time: 6:30p.m.
Level: 7-10 Sanctioned

Gyms: All Gyms

**2010 SLGC Open “Meet Me in St. Louis” Schedule
Sunday, January 10, 2010**

GYM - 1

Session 4 - Girls

Open Stretch Time: 8:00a.m.
Level: 7 Sanctioned

Gyms: Champions,
DeVeau’s, Dynamics, Gym
Quarters, SLGC, Spectrum,
World Class

GYM - 2

Session 5 - Boys

Open Stretch Time: 8:00a.m.
Level: 4 Sanctioned

Gyms: All Gyms

GYM - 3

Session 4 - Girls

Open Stretch Time: 8:00a.m.
Level: 5 Sanctioned

Gyms: All Gyms Level 5’s
Ages: 9 & under
Age as of 1/9/10

Session 5 - Girls

Open Stretch Time: 12:00p.m.
Level: 7 & 8 Sanctioned

Gyms 7’s: Champaign, Edge,
Planet, Tiger, TNT

Gyms 8’s: Barron, Dynamics,
Edwardsville, High Energy,
MEGA, NGA, Rebound,
Spectrum, SIGA, Tiger,
XT Gym, YMCA Edwardsville

Session 6 - Girls

Open Stretch Time: 12:00p.m.
Level: 4-7 Unsanctioned &
Prep Optional Unsanctioned

Gyms: GAGE, Heartland,
Meyer’s, Mid-county Y, Oly
Chesterfield, Oly Ellisville,
Oly Festus, SIGA, SLGC,
World Class

Session 5 - Girls

Open Stretch Time: 12:00p.m.
Level: 5 Sanctioned

Gyms: All Gyms Level 5’s
Ages: 10 & 13
Age as of 1/9/10

Session 6 - Girls

Open Stretch Time: 4:30p.m.
Level: 6 Sanctioned &
Prep Optional Sanctioned

Gyms: All American, Barrons,
Champaign, Dynamics, Edge,
Flip Side, Gym Quarters, High
Energy, NGA, Rebound, Tiger,
XT Gym

Session 7 - Girls

Open Stretch Time: 4:30p.m.
Level: 2 & 3 Unsanctioned

Gyms: Meyer’s, Midcounty Y,
Oly Chesterfield, Oly Ellisville,
Oly Festus, SIGA, SLGC

Session 6 - Girls

Open Stretch Time: 4:30p.m.
Level: 6 Sanctioned

Gyms: Champions, DeVeau’s,
Oly Ellisville, Oly West, SIGA,
SLGC, Spectrum, Spirits,
Springfield, Stacey’s, TNT